



Pretreatment



Posttreatment

How do you feel about
your legs?



**Comprehensive
Cardiovascular**
Leading the fight against heart disease



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So, you think you might have VARICOSE VEINS

Many people believe that varicose veins and spider veins are simply a cosmetic concern. This is not true. Venous insufficiency and varicose veins can cause aching, pain, itching, heaviness, and discomfort. Often venous insufficiency leads to more serious problems. Venous insufficiency may also signal a higher risk of other circulatory problems. Treatment may involve self-care measures or procedures by your doctor to close or remove veins.

Diagnostic ultrasound is now considered the standard of care for evaluating vein disorders in the lower legs. Failed treatments for spider and bulging veins are often caused by overlooking problems with venous insufficiency. Only ultrasound can see these problems. New technology to treat undesirable, swollen veins is clinically proven and permits us to offer an optimal patient experience with minimal discomfort and a rapid recovery.

We perform ultrasound exams in our office with Noninvasively First using state of the art ultrasound equipment dedicated to vein evaluations. We do not refer our patients to an outside imaging center or hospital for ultrasound evaluation.

Fill out the score card below & find out

NO = 0 points
YES = 1 point

NO = 0 points
YES = 1 point

NO = 0 points
YES = 1 point

NO = 0 points
YES = 2 points

NO = 0 points
YES = 2 points

NO = 0 points
YES = 2 points

Male = 1 point
Female = 2 points

NO = 0 points
YES = 2 points

NO = 0 points
YES = 2 points

NO = 0 points
YES = 2 points

NO = 0 points
YES = 2 points

**TOTAL
POINTS**

Do your legs feel heavy at times? _____

Do your legs feel tired at the end of the day? _____

Do your legs ache or throb at the end of the day? _____

After prolonged standing do you have to elevate your legs to make them feel better? _____

Do you get leg cramps at night? _____

Do you have spider veins? _____

If you are a male give yourself 1 point
If you are a female give yourself 2 points

If female, have you had two or more pregnancies? _____

Is there a family history of varicose veins? _____

Does your job or life style require you to stand or sit for more than 5 hours per day? _____

Do you wear clothing to hide your legs? _____



Interpretation

13-19 points It is quite likely that you have significant venous insufficiency. See your doctor for an evaluation.

7-12 points You might have venous insufficiency and should have your legs checked by your doctor.

3-6 points You are at risk for developing venous insufficiency and/or varicose veins and should take preventive measures.

1-2 points You are unlikely to have venous insufficiency and/or varicose veins at this time.